

Luna

Loves Library Day

The Musical



Education
Pack



This Part Of Me

Key
stage
1 & 2

Part 1

Read the lyrics together for the song 'This Part of Me'.
Introduce the concept of inheritance to the children.

What does inheritance mean?

Inheritance is the character traits your parents and family pass onto you. Some of these things might be the way you look, such as the shape of your ears or nose, the colour of your skin, hair and eyes, or even how tall you are.

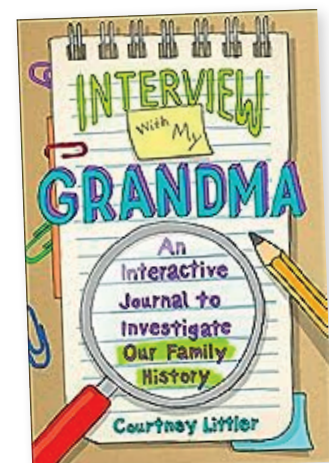
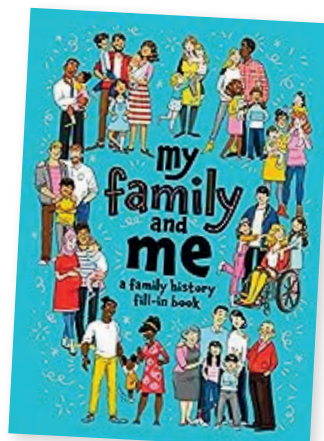
But inheritance can also be things you can't see because they're inside of you. This could be what makes you laugh or cry, the food you like to eat, the books you like to read, or the music you like to dance to!

Part 2

Ask the children to draw a picture of themselves. Then around their picture, get to them to write 5 things they have inherited from their family. At the end of the activity ask if any of the children would like to share their pictures with the group.

Further reading

- *My Family and Me: A Family History Fill-In Book*, Cara J Stevens
- *Me and My Family Tree*, Joan Sweeney
- *Interview with My Grandma: An Interactive Journal to Investigate Our Family History* by Courtney Littler



This Part Of Me – Lyrics

*Copyright Joseph Coelho & David Gibb
2023*

Thinking back
to when I was young
and the dreams I had.
The skies were in my eyes.
Walking the beach with grandma
she'd tell me stories and tales,
along the drifting sands.
and every tale made me realise
we're all part of a story
and I can see the stories in your eyes
and they can never leave you
it flows through time.

This part of me,
is part of you
It's a handful of sand
and you're holding it too.
This part of me,
is part of you.
There's a rhythm and a song
between us two.

You've got your mothers eyes
and when you laugh
I see my dad's smile
beaming out at me
you've got your aunties hair
and your uncles beard
and my mothers curiosity
and every gift that you receive
is a gift you can pass on,
your sense of humour
you get from me
and it's all part of that song
it flows through time.

Because – this part of me
is part of you
it's the poem of our heart
it's our family's tune
This part of me
is part of you
it's the land that we love
that the rivers run through.



Discovering Jamaica

Key
stage 2

Part 1

Luna's Dad was born and grew up in Jamaica. He shares his memories of his childhood with Luna.

Ask the children to use the internet to research and fill out the fact file on the next page. This could be set as home work, or used as an activity to complete in pairs or small groups in the classroom.



Part 2

Luna's Dad describes to Luna how his Mum used to fry up plantain for him to eat whilst he read his library books and practised his magic tricks.

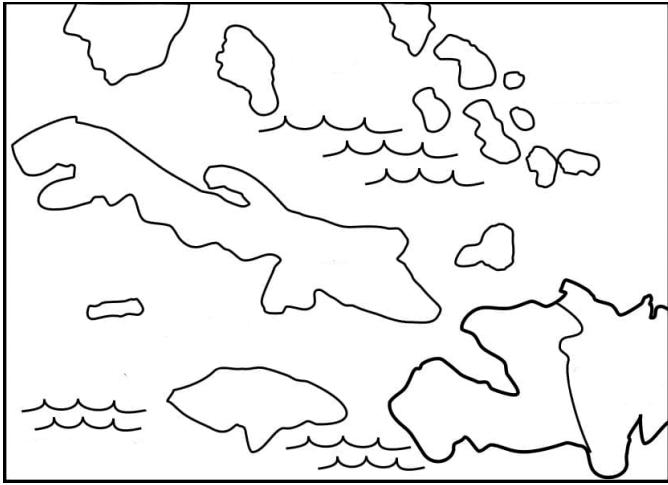
From your local world foods store purchase some plantain to show the children in the classroom (some supermarkets will sell them online too). If you have access to a portable hob or hot plate you can cook up the plantain and let the children try it.

Part 3

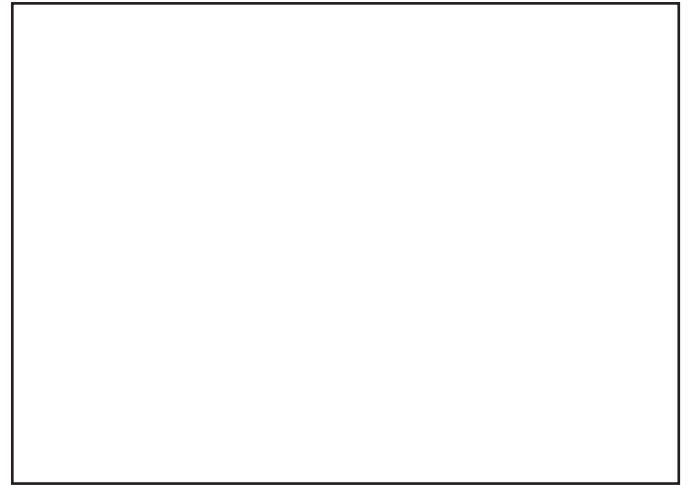
Show the children the '5 things to know about plantain' sheet. Ask them to research other tropical fruits and create their own '5 things to know' sheets. Examples could include papayas, ackees, durians, sweetsops, lychees or mangos.



My Jamaica Fact File



Find and colour in Jamaica on the map above.



Draw the Jamaican flag in the box above.

Quick facts

Population _____

Currency _____

Language _____

Capital City _____

Climate

Landscape

Traditions

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Five things to know about PLANTAIN

1. They are in the same family as bananas but you can't eat them raw

Yep! Bananas and plantains are cousins. A yellow ripe banana looks very similar to a plantain but you can't eat a banana raw! Sometimes people confused them due to their similarities.



2. They are fruits but we use them as vegetables

Because we can't eat them raw we use them as veggies. We have to cook them before eating them! This can be done by frying them or you can also bake them.

3. Plantains have 3 stages that you can eat them

You can leave a plantain for a long time because we eat them all the time!

Green plantains: The interior is yellow and very firm! Hard to cut but still yummy when fried.

Yellow plantains: They look very similar to a banana on the outside but with more brownish-black spots. They taste sweeter naturally as the fruit has been ripe for a couple of days.

Black plantains: Parrots love this stage of the fruit as it has the maximum sweetness! On the outside, they look very black and soft but don't get too scared, they still taste delicious.

4. Plantains are staple foods in many countries

They are staple food in West and Central Africa, the Caribbean islands, Central America, and northern, coastal parts of South America.

5. Plantains are excellent for your body!

Plantains are high in iron, which is essential for the production of red blood cells. Plantains are packed with vitamin A, which has been directly linked to improved eye health in numerous studies. Vitamin A functions as an antioxidant in the body, working to reduce oxidative stress in the eyes.



Book Cover Activity

Key
stage
1 & 2

Part 1

Explain to the children about how the cover of a book can often tell you a lot about what kind of book it might be. On the next page are some book covers, all of which are from real books that have had the titles and authors removed.

Should you judge a book by its cover?

Ask the children whether they think it's a good thing to judge a book by its cover? Why are covers useful? Can book covers ever be misleading? Why would this be a problem?



Part 2

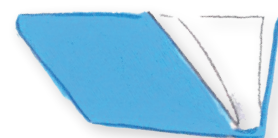
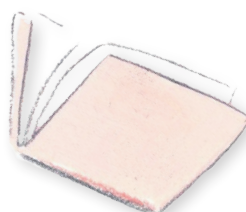
Show them the book covers on the next page. For each cover, have them discuss in groups what they think the stories might be like inside. For instance, on cover 1, there are pirates, palm trees, and a sunset. As prompts, you could ask the children:

- What are the pirate's names?
- What would the weather be like in the story?
- Are the pirates looking for something? If so, what and where?

Then as a whole class, try and come up with a title for each of the stories, based just on the covers.

Part 3

Ask the children to come up with their own title for a book they would like to borrow from the library. Have them design and illustrate the book cover for their story title using the template.



1.



2.



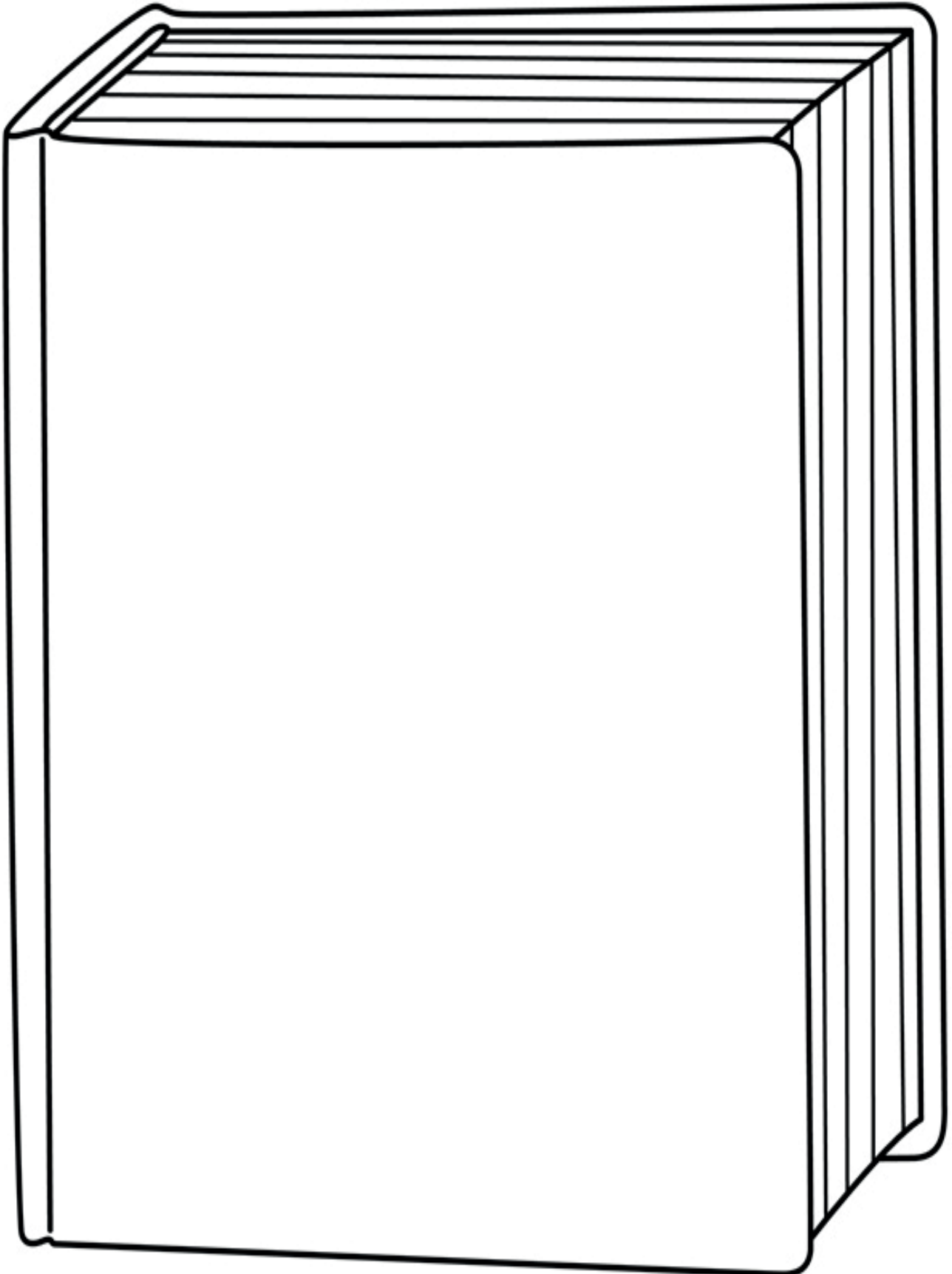
3.



4.



Design your own book cover
using the template below



Luna's Feelings

Key
stage
1 & 2

Part 1

Throughout the show, Luna is feeling different things at different times depending on what is happening to her. Talk about each of the key moments below with the children and ask them to describe how Luna might be feeling at each point. There are some words to help prompt

Luna wakes up and as she gets out of bed, she remembers that today is the day she is going to the library with her Dad.

Luna and Dad are looking at Big Books in library together.

Luna finally talks to Dad about how him and Mum no longer live together in the same house.

Mum and Dad read The Troll King and The Mermaid Queen to Luna, and at the end, they both give her a big hug.

Could she be feeling...?

Anxious, happy, sad, excited, warm, secure, worried, cosy, nervous, bored, confident, calm, afraid

Part 2:

When Luna thinks about her Dad and Mum no longer living together, she gets sad, stressed and angry. Mum and Dad help her to calm down and manage her emotions by reading her a story and giving her a hug.

In small groups, ask the children to discuss the situations that can make them feel upset, stressed or angry. Then ask them to think about things they could do to help them feel better.



You could share an example from yourself to help get them started.

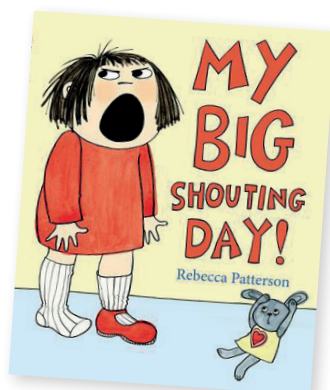
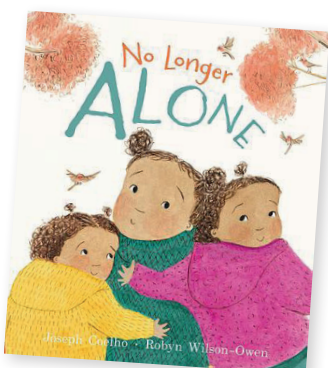
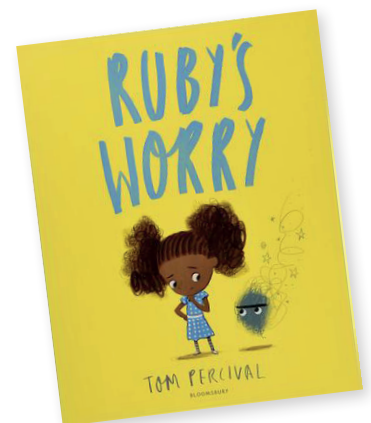
"If I don't sleep very well and there's lots of work to do, I can get very stressed and frustrated with other people around me. To help calm down, I put on my favourite music and have a cup of tea."

Part 3:

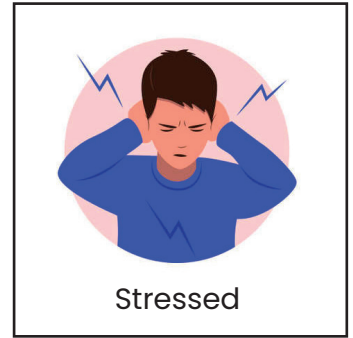
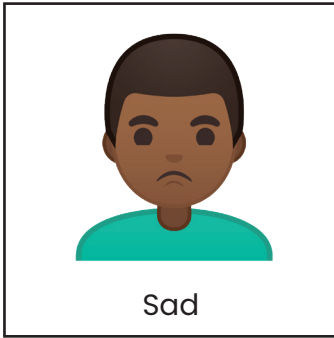
Using the worksheet on the following page, get the children to draw a line between the feelings they might have, and the things they can do to help feel better. If they would like to add any of the ideas from their discussion, they can do so in the blank boxes at the bottom of the page.

Further reading

- *Ruby's Worry*, Tom Percival
- *No Longer Alone*, Joseph Coelho & Robyn Wilson-Owen
- *My Big Shouting Day*, Rebecca Patterson
- *The Rabbit Listened*, Cori Doerrfeld



When I'm feeling....



I know that I can...

